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Archery

Tallahassee Bowhunters Association—A year-round club with competitive events and recreational shooting for those ages 5 and older of all skill levels www.bigbendarcherv.com

Tri-State Archers—A year-round club program with competitive events and recreational shooting for children age 5-17; Men 18+, Women 18+; and Seniors 50+ of all skill levels; Contact: Oliver Austin: www.floridaarchery.org 309-1918

Wakulla Archery Club—A year-round club program with competitive events and recreational shooting for children age 5-17; Men 18+, and Women 18+ from beginner to advanced levels; Contact: Delano Taylor; www.bigbendarchery.com 984-5433

Baseball

www.tallahasseebaseball.com—Everything you want to know about baseball in Tallahassee including team rosters, schedules, stats, awards, standings and other park-specific information. Also includes information and important news about tournaments, high school teams, parks and leagues, travel teams and baseball camps.

Leon County Parks & Recreation—a program chartered by Little League, Inc. with the following participation levels for children ages 5-16: Little League level (Co-ed, Tee-Ball, Coach Pitch, Minor League, Major League, Junior League, and Senior League). Season: Spring (March-June):

www.leoncountyfl.gov/parks

Police Athletic League—Sponsorship of team in TPRD league for children of all skill levels ages 11-12; Season: March-May; Contact: Kerry Nobles

Tallahassee Parks & Recreation—a competitive program with practice time, preseason, and a 12-16-game season during January-May; (post-season: June-July) Summer and fall baseball are available at specific parks, zones, or leagues.

Information Hotline:

www.talgov.com

Main number:

891-3800 **891-FUNN**

Leagues are as follows:

Coed T-Ball (5-6)

Atom League (6-8)

Cub League (9-10)

Advanced Play League (9-10)

Advanced & Competitive Play Leagues (11-12)

Competitive Play League (13-14)

Senior Baseball League (15-19)

Tallahassee Babe Ruth Baseball-is a non-profit organization which administers and promotes amateur baseball for all youth in Leon County, Florida, ages 13-15. It is affiliated nationally with Babe Ruth League Inc., the largest youth baseball organization in the world. The Tallahassee-Leon County Babe Ruth organization is the established "advanced league" play structure, with open try-outs and evaluations to fill 52 13-year-old positions each year; Tallybaseball.com; Contact: Gail Harrison: 671-0603 or 877-6866 YMCA—Offering a recreational program April-May; T-Ball (4-6) and Coach Pitch: (7-9); Contact: Tasha Everette, Sports Coordinator; www.tallahasseeYMCA.com 877-6151

Baskethall

Bethel Family Life Center—Offering Basic skills training with competitions, games, and medals. Season: December-August for boys age 7-10, 16-18; Men 40+; Girls age 7-10, 16+; and Women 16+ of all skill levels. Contact: A. Leon Lowry; Located at 406 N. Bronough St. 521-7273

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Boys and Girls Club of the Big Bend—Offering a co-ed recreational program for children ages 7-14.

Placement is based on try-out and skill level; www.bgcbigbend.org

656-8100

Essence Girls Basketball—mentors young girls ages 10-18 in excellence, sportsmanship, and quality of life, on and off the basketball court. Teams travel to tournaments throughout the country to increase exposure and scholarship opportunities. Season March-July;

www.essencebasketball.org; Contact: Kimberly Davis

556-2097

Police Athletic League—a recreational program for children ages 10-14 of all skill levels with practice time and team competition; Season: June-August; Contact: Kerry Nobles 891-4257

Tallahassee Comets, Inc.—supports and promotes competitive basketball, for girls ages 10-17; Season:

March - Sept; www.cometsget.net; Contact: Robert Hicks

668-1409

Tallahassee Parks & Recreation — Competitive league with practice time, preseason, and 16-game season from Nov. through Feb. www.talgov.com

Information hotline:

891-3800

Main number:

891-FUNN

Leagues for both girls and boys – check the information hotline or website for age groups of leagues, registration dates, times, and locations. Adult Season: Jan. through March, with registration for team in Nov. **YMCA**—a recreational and competitive program from Jan.-March in the winter months and June-July in the summer months for children age 5-12 of all skill levels;

www.tallahasseeYMCA.com; Contact: Eddrick Martin

877-6151

Bowling

Capital Lanes – 820 Capital Circle N.E. 422-BOWL (2695) offering open bowling, league play, and competitive tournaments with two competitive seasons: Winter (Sept-May) and Summer (May-Sept)

Crenshaw Lanes—104 CRB Oglesby Union, FSU; Offering open bowling, league play and competitive tournaments with two competitive seasons: Winter (Sept.-April) and Summer (May-Aug); Contact: Marvin Overby

644-1819

Galimore Lanes—FAMU Student Union Building; Offering year-round open bowling for all ages and skill levels; Contact: Lamar Stevens

599-8081

Seminole Bowl—1940 West Tennessee St.; offering open bowling, league play, and competitive tournaments with two competitive seasons: Winter (Sept-May) and Summer (May-Sept); www.tallahasseebowling.com
Contact: Bob Parham

561-0894

Boxing

Tallahassee Fighting Tigers Boxing Club—Lincoln Neighborhood Center, 438 W. Brevard Street; A year-round, USA Boxing-sanctioned training program for children 8-18 and adults of all skill levels; Contact: Alonzo Johnson

891-4180

Canoe/Kayak

Apalachee Canoe & Kayak Club—a year-round club with canoeing and camping for all ages and skill levels; Contact: Tom Butler

245-2771

FSU, Outdoor Pursuits—3226 Flastacowo Rd; Program provides outdoor recreational activities including camping, hiking, canoeing and kayaking trips. Equipment is available to rent; www.fsu.campusrec.com/outdoor 644-2449

FSU Reservation—3226 Flastacowo Rd; Reservation offers swimming, canoeing, sailing, kayaking, instructional clinics, summer camps, rope courses, sheltered and open outdoor grills for large or small group outing www.fsu.campusrec.com/reservation

644-6892

Cheerleading

Cheer-Tech—located at 2860 Industrial Plaza Dr.; a year-round, competitive, all-star program that includes cheer, tumbling & dance for children age 4-17 of all skill levels; Contact: Ash Mason

877-5807

Gym Force—Located at 2855 Industrial Plaza Dr.; year-round junior and senior competitive all star and tumbling programs; Contact: Kevin Standriff; www.rosehillcomputer.com/gymforce 877-4255

Leon County Parks & Recreation—a coed fall (Aug -Nov) program for children age 5-16 of all skill levels; www.leoncountyfl.gov/parks

Tallahassee Parks & Recreation—a program for girls age 8-14 that includes six weeks of practice and cheering at Tallahassee Parks & Recreation Tackle Football games during September and October, plus participation in workshops, FAMU, FSU, and other parades. **www.talgov.com**

Contact: Tynetta Smith

891-3958

Information hotline:

891-3800 488-0221

Tallahassee Cheer Company - Coach Ashley Gholston is the Head Coach and Owner, offering year round competitive and recreation cheer teams from ages 6-18. 2615 B Capital Circle Tallahassee, FL 32308 Contact Ashley Gholston 894-JUMP (5867)

YMCA—a program for girls age 5-10 that includes 9 weeks of practice and cheering at YMCA Basketball games from January through March; www.tallahasseeYMCA.com; Contact: Tasha Everette 877-6151

Cycling

Atomic Race Team—offering year-round, competitive, amateur road cycling teams for both juniors and adults in intermediate and advanced levels; placement by invitation only; Includes travel around the southeast to race competitions; www.atomicraceteam.org

942-6833

Capital City Cyclists—a year-round road and off-road recreational club open to the public; Club is mostly for adults, with some sponsored junior members; www.cccyclists.org; Contact: Pam Jackson (membership coordinator)

980-3240

MTBeers Racing Team—a year-round recreational mountain biking program for all ages that also competes in local, state, and regional races; Contact: Todd May

942-BIKE

Police Athletic League (BMX—a recreational and competitive program for children age 7-17 of all skill levels from March through Dec.; Contact: Dorita Gavin

891-4257

Tallahassee BMX—a year-round program for current NBL members, track open to the public for practice, Tuesday races at 6:30pm (Reg. from 5:30-6:00pm); races at Tom Brown Park, Capital Circle SE; www.tallahasseebmx.com; Contact: Tray Fisher

893-4471, or 339-2447

YMCA Camp Indian Springs (BMX)—located at 2387 Bloxham Cutoff Rd., Crawfordville, FL 32327;

Contact: A.L. Ferreira 1-850-926-3361

Disabled Sports

Florida Disabled Outdoors Association—promotes participation in leisure activities for persons with disabilities, develops accessible outdoor recreational facilities and programs; www.fdoa.org; Contact: David Jones

668-7323

Leon County Special Olympics—1220 Greenley Ave Groveland, FL 34736; Florida Special Olympics provides sports training, and competition programs for people with mental retardation, ages 8 and up, year round; Toll-free: 800- 810-0149; Locally: 552-0644

Disc Golf

The Tallahassee Parks and Recreation has 24 holes for the disc golf enthusiast located at Tom Brown Park. For more information please contact Bob McCormick 9 am - 5:30 pm 850-545-9922 or 5:30 pm -10 pm 850-570-6388, mccormib@talgov.com. For more information on Disc Golf visit www.tallahasseediscgolf.com.

Equestrian

Black's Stables Horses & Ponies—16045 Roccoco Rd; offering pony parties, summer riding camp, farm days, barn parties, carriage services and riding lessons for all ages and skill levels; www.blacksponies.com

Canopy Trails Horse Farm—8775 Jo Maureen Way; offering lessons for children age 7 and older; 6-week program costs \$180-\$240; Trail rides for children of any age costs \$30 each with a two rider minimum; Contact: Barn Manager at Katie@canopytrails.com

219-3735

Cavallo Farms, Tallahassee—in Lloyd, Florida at the Intersection of I-10 and Highway 59 South, 20 minutes from the Tallahassee Capitol via Highway 27 East and 10 minutes from Thomasville Exit via I-10 East; Florida's Premier Hunter/Jumper Equestrian Center. Offers lessons, training, boarding, sales and clinics; CavalloFarms@comcast.net

1-850-997-1655

Conner Carriages & Occasions—Bar C Ranch, 6022 Old Lloyd Road; Lloyd, FL 32344; Offering Western & English style riding lessons year-round to those age 5 years through adult (beginner to advanced) by appointment and in an after-school program with pick-up at select Leon County schools. After-school program that includes a trail ride is \$25/day. Also available are one- and two-week summer camp and spring break camp sessions; Evaluation & placements are made at first ride; www.connercarriages.com; Contact: Janet Conner at (cell) 997-6803, or connercarriages@aol.com

570-8746

Happy Trails Ranch—6776 Quail Valley Road. Off Bradfordville Road, 1/2 way between Centerville & Thomasville Rds; offering Western style riding lessons year-round for those 8 years and older, beginner to advanced; www.happytrailsranch.com; Contact: Nicki Francis 893-0771

Sugar Brook Farms—7537 Proctor Road; Offering year-round lessons (both private and in groups) for either pleasure or competition; specializing in dressage and combined training; Olympic level training available; Also offering horse training, and boarding; Contact: Eve Hinton-Spriggs 893-5703 or 509-2514

YMCA Camp Indian Springs (Western & English) - located at 2387 Bloxham Cutoff Rd., Crawfordville, FL 32327; Contact: A.L. Ferreira

1-850-926-3361

Fencing

FSU Fencing Club—Year-round club program with classes for both recreation and competition for children age 8 to adult; Contact: Ben Jacobs;

656-6595

Football

Leon County Parks & Recreation—Pop Warner FLAG, co-ed program for children age 5-12 and a Pop Warner TACKLE program for children age 9-14 (160 lbs maximum weight), Seasons: Aug. through Nov.; www.leoncountyfl.gov/parks

488-0221

Tallahassee Parks & Recreation—Competitive program with practice time, preseason, and multi-game season from Aug. through Nov.

www.talgov.com

Information hotline:

891-3800

Main number:

891-FUNN

Teams are as follows: FLAG: 8-game or 16-game (optional) adult season, 8-game youth season – (Check

Hotline or Website for age groups of leagues); TACKLE: 6-game season; Pee Wee (10-11, 121 lbs. or less) Junior (12-14, 150 lbs. or less)

Police Athletic League Format — (TACKLE) Sponsorship of a Pee Wee Tackle team in TPRD league for children age 10 and 11 from Dec. through Feb.; Contact: Dorita Gavin 891-4257

YMCA—Offering a recreational flag program where no scores are kept for children age 5-12 from Oct. through Dec.; www.tallahasseeYMCA.com; Contact: Eddrick Martin 877-6151

Golf

Classic School of Golf—SouthWood Golf Club, 3750 Grove Park Drive, is an after-school program with year-round camps for children age 5-18; Contact: Becky Sauers

309-7888

Cross Creek Junior Golf Association—6701 Mahan Drive at I-10, Tallahassee, FL 32308; offering educational clinics, jr.-camps, Clubs for Kids (custom built clubs for kids), and tournaments year-round for children age 5-18; www.crosscreekdrivingrange.com; Contact: David Jackson at crosscreekgolf@Comcast.net

Hilaman Park Golf Course—Offering summer junior golf camps from June through August for children of all ages and skill levels; Contact: Jan Auger

891-3935

Municipal Golf Courses

Hilaman Park Municipal Golf Course—2737 Blairstone Road; Head PGA Professional: Bill Zimmer; Supervisor: Jan Auger; Hours of Operation: 7am-7pm, 7 days a week (Closed only on Christmas Day)
891-3935

Jake Gaither Municipal Golf Course—801 Tanner Drive; Supervisor: Alan James; Supervisor: Mike Rice; Hours of Operation: 7:30 am-7:30 pm, 7 days a week (Closed only on Christmas Day)

891-3942

Gymnastics

Gym Force—2855 Industrial Plaza Dr.; Offering a year-round recreational and competitive program for children age 2-18; www.rosehillcomputer.com/gymforce; Contact: Kevin Standriff 877-4255

International Gold Gymnastics—1415 Timberlane Rd; Offering a year-round recreational and competitive program for children age 18 months-18 years; Contact: Alexander Babakhin 894-8982

Tallahassee Parks & Recreation Trousdell Gymnastics—326 John Knox Rd; a year-round recreational program and competitive teams for children of all skill levels age 2-18 and adults; talgov.com; Contact: Katy Johnston 891-3960

Martial Arts

Alpha Upkudo Karate & Kickboxing—Family training center, ages 3 and above, offering kickboxing, self defense, and after-school programs; www.upkudo.com; Contact: Anne Radke 514-4333

American Karate Studios—a recreational program that includes kickboxing, self-defense instruction, and preparation for individual competition, if desired, for children of all ages and skill levels;

www.akskenpo.com; Contact: Linda Morris 893-5425

Apalachee Martial Arts— a year-round, Olympic-style Judo training program for those of all ages and skill levels; Contact: Donald Trussell 671-5504

Capoeira Volta Ao Mundo—2550 West Pensacola St.; offering Capoeira, a Brazilian Martial Art, which combines dance, acrobatic movements, songs, percussion, and martial skills. The year-round program is designed for those age 6-69 of all skill levels; www.capoeiraflorida.com; Contact: Mico 574-2276

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Gallop's Karate School — offering year-round recreational programs in goju karate, tae kwon do, tai chi, kickboxing, and self-defense training; competitions available. Designed for children age 3-17 and adults of all skill levels; www.gallopskarate.com; Contact: Kristal Franklin 216-1212

Kenpo Karate & Kickboxing Center, Inc.— offering year-round recreational programs in kenpo karate, non-contact kickboxing, modern arnis, grappling, as well as self-defense training for children age 4-17 and adults of all skill levels; www.kenpocenter.com; sponsors of Kiddefence.org, abduction prevention and selfdefense training for boys and girls ages 4-11, and girl's only ages 12-17; Contact: Jerry Ingle Leon County Judo Club—1940-B N Monroe St.; offering a recreational and competitive year-round

program in Judo, including Olympic-style Judo training; Contact: Fred Hand 284-3935

Nisei Bujutsu Federation of America—1940-B N Monroe St.; offering a year-round program in ju-jutsu and self-defense (in a NBFA, Inc. certified dojo) for children age 4-17, and adults of all skill levels; www.yawaradojo.com; Contact: Sensei Jaro Joseph or Sensei Kervin Rene 224-0007

North Florida Aikikai - Offering a year round program with recreation and health perspectives for beginners-shodan and beyond, primarily for college and professionals. The power of Aikido is the power of a strong and unified spirit, mind and body moving in harmony. Not just a martial art, a way of life, practical applications to life's diversity; contact North Florida Aikikai (850)570-5155; www.nfa.asu.org

Police Athletic League—offering year-round (AIKIDO) martial arts training that promotes discipline & selfconfidence to children age 10-14; Contact: Dorita Gavin 891-4257

TaeKwonDo USA-offering a year-round recreational and competitive tae kwon do and personal fitness program for those of all ages and skill levels; www.ataonline.com; Contact: Emory Morris

385-7533

Tallahassee TaeKwonDo Academy — 3260 Mahan Dr; Offering a year-round recreational and competitive program in martial arts education and success skills for children age 3-17 and adults; www.tallytkd.com; Contact: Brad Fantle

Taoist Tai Chi Society of the USA — offering a year-round program in Tai Chi, health improvement; and moving meditation training & practice for adults; There are no competitive levels; www.taoist.org; Contact: Sean Dennison 224-5438

YMCA—Judo is a new martial arts program at the YMCA. Classes begin in September. No previous martial arts training needed. Class for kids (at least 5 years old) and adults. Contact Tasha Everette

877-6151

Paintball Sports

Tallahassee Paintball Center/Field — 427 Crossway Road www.tbreview.com W&L Paintball Field — 56 Guy Strickland Road; offering gun rentals, equipment and paint as well as games and parties; contact: Willie Hutto 926-5028

Rock-climbing

Tallahassee Rock Gym-Indoor rock climbing facility offering both roped climbing and bouldering for climbers of all ages and skill level. **224-ROCK**

Sailing/Boating/Windsurfing

Apalachee Bay Community Sailing Program -offering basic through advanced youth sailing lessons in four two-week programs at Shell Point from June through August for children age 9-15. Classes taught by certified instructor and limited to 20 students per session. Program may qualify campers for scouting merit badges. Contact: Phil Werndli at sailcamp@cs.com; Located at Shell Point Beach, 45 mins. South of Tallahassee, 386-7646

FSU, Reservation — 3226 Flastacowo Rd; offering swimming, canoeing, sailing, kayaking, instructional clinics, summer camps, rope courses, sheltered and open outdoor grills for large or small group outings; www.fsu.campusrec.com/reservation 644-6892

Shell Point Sailboard Club — Located at Shell Point Beach, 45 mins. south of Tallahassee; offering free lessons, by reservation and with parental consent, for children age 10 and older and adults, at 10am on Saturdays for 4 hours from May through Labor Day. Also hosts club racing, USW events, and Regattas; www.20knotsnob.com; Contact-: Commodore Linda Downey 893-2554

Tallahassee Area Crew — a youth rowing program beginning it's fourth year of existence since joining two high schools, Chiles and Lincoln, to increase membership. Currently the team is made up of rowers from Chiles High School and Lincoln High School, however, rowers from any high school are welcome to join; Contact: Holly B. Smith at hsmith1087@aol.com or 894-3418

Skating/Skate Boarding/Roller Hockey

Plantation Parkway Arena—offers a wide variety of sporting activities, indoor and outdoor. Teams or clubs can rent rink time or ball field time for practices or drills to accelerate their training. Corporate, intramural, or Park & Recreation teams can also enjoy the Arena's climate-controlled facility for soccer, inline hockey, flag football, basketball, volleyball, lacrosse, dodgeball, or other games.

Arena 229-377-1600 Kevin Davis, owner 850-545-7244

Skate World Center, Inc.—2563 Capital Circle NE; offering recreational and competitive hockey teams and speed skating year round for all age groups and skill levels; www.skateworld1.com; Contact: Lee Bisping 386-4807 or 385-7465

Tallahassee Skate Park—Located between James Messer Fields and TalTran Administrative Offices off Jackson Bluff Road at Appleyard Drive; a state-of-the art, 26,000 square foot facility designed to provide maximum enjoyment and challenge for all who utilize it. It boasts a five foot deep pool with a roll down to nine foot. There are numerous rolled lip areas for all level skaters to use, including two above wall extensions, flat banks, raised transitions and other features to challenge all age skaters. Hours of operation: sunrise to midnight. Contact Tallahassee Parks and Recreation 891-FUNN

Soccer

Capital Soccer Association—PO Box 10813; CSA offers activities open to all youth in the community between the ages of 4-17, teaching soccer skills, teamwork, and good sportsmanship; www.capitalsoccer.com/info 841-2148

Leon County Parks & Recreation — offering a co-ed, "Six a side" program from January through March for children age 5-12 of all skill levels; www.leoncountyfl.gov/parks 488-0221

Tallahassee United Futbol Club—an affiliate of the Florida Youth Soccer Association offering competitive travel level and friendly game play from Aug. through Dec. and Jan. through May. www.tufc.org; Placement through tryouts for the following divisions: Boys: Junior Division U9-U14; Senior Division U15-U18; Girls: Junior Division U10-U14; Senior Division U15-U17.

Contact: Skip Burnside

skipburn@aol.com

Tallahassee Parks & Recreation—offering a recreational program with practice time, preseason, and 8-game season for boys and girls (check Hotline or Website for age groups of leagues); from Nov. through Feb.; www.talgov.com

Information hotline:

891-3800 ☐ Main number:

891-FUNN

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Top of Florida Soccer Club — offering instructional youth programs and competitive travel clubs (with divisions U8-U18) for boys and girls (including coed) of all skill levels from September through Nov. and March through May; www.tofsoccerclub.org; Contact: Bill Shiner at runroyrun@aol.com

222-9592

Warner Soccer — offering recreational and open divisions with competitive tournaments for adults and summer camps and educational programs for youth; Season(s): Jan.-April; May-Aug.; Sept.-Dec. www.warnersoccer.com

Contact: Lisa Warner

893-8989

YMCA—offering a recreational program, where no scores are kept, for children of all skill levels from age 3-10 during Sept. and Oct.; www.tallahasseeYMCA.com; Contact: Eddrick Martin

877-6151

Softball

Leon County Parks & Recreation—girl's softball through Little league Inc. from March through June; Leagues include: co-ed, tee-ball, coach pitch, minor league, major league, junior league, and senior league; www.leoncountyfl.gov/parks

488-0221

Tallahassee Parks & Recreation—offering a recreational program with practice time, preseason, and an 10-21 game season (Adult League) and a 16-game season from Feb. through June (spring season) and Sept. through Nov. (fall season).

Information hotline:

891-3800 891-FUNN

Main number:

Website:

www.talgov.com

Leagues are as follows:

Coed T-Ball (5-6)

[Smith, Tynetta] Rookie League (6-8)

Minor League (9-10)

Major League-Slow (11-13)

Major League-Fast (11-12)

Junior Slow Pitch (14-18)

[Smith, Tynetta] Tallahassee Fast Pitch Association (13-14; 15-18)

Adult Fall Reg. early Aug.; Spr. Reg. Early Jan.

Swimming / Synchronized Swimming (CHANGED TO ALPHA ORDER)

Alan Cox Aquatics—offering Life guard instruction, water safety instructors courses, CPR for professional rescuer training, and swimming lessons for children through adults. Water Babies (Parent/Child): 6mo.-3 years; Child classes: 3 years and older; sessions from May-Aug.; www.alancoxaquatics.com

668-9345

Area Tallahassee Aquatics Club (ATAC) with Tallahassee Parks & Recreation — offering a year-round

recreational and/or competitive program for those all ages who are able to swim at least 25 yards continuously; www.talgov.com

ATAC: 891-3994
Information hotline: 891-3800
Main number: 891-FUNN

Bob Ruth Aquatics—Offering group lessons for Parent/Child 1-39 months; Child classes: 39 months to 12 years at Premiere Health Club and Killearn Country Club. Sessions last 2 weeks/4 days per week/35-40 minute classes April-August

877-8356

Infant Swimming Resource (ISR) — private, one-on-one lessons taught by trained, certified ISR instructor, for children six months to six years focusing on aquatic survival techniques: Five days per week (Mon.-

Friday) 10 min./day; sessions from May-Sept.; www.infantswim.com; Contact: Julia Daum

671-4440

Swimming Technology and Research — offering swim lessons for all ages and all skill levels; also offering assessments of advanced swimmers; www.swimmingtechnology.com

385-9803

Tallahassee Serinas Synchronized Swim Team — 298 John Knox Rd.; offering a year-round recreational and competitive synchronized swimming program (not an exercise program) for girls age 8-18 of all skill levels; www.talgov.com; Contact: Karen Norris 893-8849

Tallahassee Swim School with Tallahassee Parks & Recreation — 205 Baxter Court; offering private and semi-private swimming lessons for children age 2 and older and adults during the spring, summer, and autumn; Contact: Terry Maul 668-2636

Tallahassee Parks and Recreation Department offers programs at seven pools including swim lessons, lifeguard training, water aerobics, the Tallahassee Serinas Synchronized Swim Team, the Area Tallahassee Aquatic Club (ATAC) and the Tallahassee Swim School (offering private and semi-private lessons).

Trousdell Aquatic Center, 298 John Knox Road	891-3991
Wade Wehunt Pool, 907 Myers Park Drive	891-3985
Forestmeadows Pools □ 4750 N. Meridian Road	891-3922
Robinson Trueblood Pool 1115 Dade Street	891-3911
Walker Ford Pool 2301 Pasco Street	891-3973
Levy Pool 625 W. Tharpe Street	891-3950
Hilaman Pool □ 2737 Blair Stone Road	891-3937
Jack McLean Aquatic Center, 700 Paul Russell Road	891-1822

YMCA—offering a recreational and competitive swimming program during April and May (Spring session) and June and Oct. (summer session) for children age 5 and older who are proficient at the minnow level (youth adv. beginner); www.tallahasseeYMCA.com; Contact: Jackie Pask

877-6151

Table Tennis

FSU Table Tennis Club—offering a year-round club program with recreational play and competitive events for children age 5 and older and adults of all skill levels;

http://garnet.acns.fsu.edu/~hhh5691/pingpong/index.html; Contact: Willy Leparulo 383-1553

Tennis

Leon County Parks & Recreation—Group Tennis Clinics are offered year round for ages 5-Adult from beginner to advance levels. www.leoncountyfl.gov/parks 488-0221

Killearn Country Club — offering clinics, private lessons, and match play year-round for members and non-members age 5 and older, from beginner to advanced; Contact: Adam King 893-2907

First Serve—at Jake Gaither Community Center, Fourth Avenue Community Center, Grady Road Facility; offering a free after-school program for inner-city kids age 5-18 that includes homework assistance, tutoring, and computer assistance with access to adult volunteer mentors, tutors, computers and the fun physical activity of tennis taught by USTA instructors. Program is targeted to children who qualify for the Leon County free-lunch program; Contact: Kelly Tucker at tuckerk574@msn.com

385-2551

Tallahassee Parks & Recreation — Court locations: Forestmeadows, Tom Brown, Winthrop, Fourth Avenue, Jake Gaither, Walker-Ford, Lafayette Park, Myers Park, Hilaman Park, and Jack McLean Park; offering a recreational tennis program and private lessons with certified professionals, as well as tournaments and championships for children age 4 and older and adults; clinics are available each fall, winter/spring, and summer; Skill level assessed at registration; www.talgov.com; Contact: Jay Hurst; (TPRD/Tennis Operations) at 4750 N. Meridian Rd:

891-FUNN

USA Team Tennis for Youth — offering a 6-week program that includes instruction, T-shirt, and awards party (cost \$35) for children age 5-18. Program times and locations are based on age and skill level; Courts located at Winthrop Park, Forest Meadows, Tom Brown Park, and private clubs; Contact: Kelly Tucker at tuckerk574@msn.com

385-2551

Track & Field

Capital City Christian Cruisers Track Club —offering a competition club program from Jan. through Aug. for children age 5-18 of all skill levels; Contact: Ernest & Alice Sims 668-6949

Gulf Winds Track Club — year-round recreational and competitive club program with sprint distance to ultra running, clinics, road races, track meets, & social events for all ages and skill levels; www.gulfwinds.org;
Contact: Tom Perkins

894-2019

Gulf Winds Triathletes—year-round recreational and competitive triathlon program with weekly training opportunities and competitions for all ages and skill levels; www.gulfwinds.org; Contact: Bonnie Wright

386-3500

Tallahassee Parks & Recreation Department — a recreational and competitive program that includes dash, fun, relays, long jump, and high jump for children of all ages and skill levels; www.talgov.com; Contact: David Hormuth at hormuthd@talgov.com 891-FUNN

Volleyball

North Florida Volleyball Academy (NFVA) - is dedicated to developing volleyball skills for girls in Tallahassee, Leon, Wakulla and surrounding counties. We have experienced directors, a great coaching staff, and some of the best volleyball players in Florida! www.northfloridavolleyballacademy.org Rita Buck-Crockett (850)-212-0250

Tallahassee Parks & Recreation—offering a recreational program with practice time, preseason, and 8-game youth season (8-16 game adult season) from Aug. through Nov.; www.talgov.com

Information hotline:

891-3800

Main number:

891-FUNN

Leagues are as follows: Junior (8-10); Intermediate (10-12); Senior (12-[Smith, Tynetta]15)

Wrestling

Wakulla County Wrestling Club — offering a year-round program for children age 6-18 and adults of all skill levels; www.floridauswrestling.org; Contact: Jack Davis 926-7685